



## Combined Winter Symposium

**Saturday 8 November 2008**  
**Carden Park, Chester**

**“To Treat or Not to Treat: that is the question”**

### MORNING PROGRAMME

- 09:00 Introduction and Welcome
- 09:10 A Simple Approach to the Shoulder Complex  
Len Funk
- 09:50 Different Instabilities Around the Knee; how they present, how to assess and diagnose them.  
Graham Lawson and Juliet Gold
- 10:40 Coffee and Exhibition
- 11:00 Olympic Team Doctor's Experiences from Beijing  
Mike Loosemore
- 11:50 WORKSHOPS - the following five workshops will be repeated twice:
- A. Injections discussion; steroids and visco-supplementation.  
Mike Loosemore
  - B. Evidence based application of acupuncture.  
Hywel Watkin
  - C. Shoulder examination.  
Len Funk
  - D. Practical demonstration of knee instability tests.  
Graham Lawson and Juliet Gold
  - E. Dealing with fears and avoidance behaviour.  
Steven Vogel
- 12:50 Lunch, SOM AGM, Exhibition



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### AFTERNOON PROGRAMME

- 14:00 Prize-winning Poster Presentation
- 14:20 CONCURRENT SESSIONS
- Physiotherapists and injecting – problems and the future  
Billy Fashanu
- Is there a role for acupuncture and/or dry-needling in musculoskeletal treatment?  
Hywel Watkin
- 15:00 Tea and Exhibition
- 15:20 Workshops - five workshops repeated twice, as above
- 16:20 Fear and avoidant behaviour - what exactly gets avoided?  
Steven Vogel
- 16.50 Questions
- 17:00 Conclusions, thanks and closing remarks