



Combined Winter Symposium

Saturday 8 November 2008
Carden Park, Chester

“To Treat or Not to Treat: that is the question”

MORNING PROGRAMME

- 09:00 Introduction and Welcome
- 09:10 A Simple Approach to the Shoulder Complex
Len Funk
- 09:50 Different Instabilities Around the Knee; how they present, how to assess and diagnose them.
Graham Lawson and Juliet Gold
- 10:40 Coffee and Exhibition
- 11:00 Olympic Team Doctor's Experiences from Beijing
Mike Loosemore
- 11:50 WORKSHOPS - the following five workshops will be repeated twice:
- A. Injections discussion; steroids and visco-supplementation.
Mike Loosemore
 - B. Evidence based application of acupuncture.
Hywel Watkin
 - C. Shoulder examination.
Len Funk
 - D. Practical demonstration of knee instability tests.
Graham Lawson and Juliet Gold
 - E. Dealing with fears and avoidance behaviour.
Steven Vogel
- 12:50 Lunch, SOM AGM, Exhibition



Combined Winter Symposium

Saturday 8 November 2008

Carden Park, Chester

“To Treat or Not to Treat: that is the question”

AFTERNOON PROGRAMME

14:00 Prize-winning Poster Presentation

14:20 CONCURRENT SESSIONS

Physiotherapists and injecting – problems and the future

Billy Fashanu

Is there a role for acupuncture and/or dry-needling in musculoskeletal treatment?

Hywel Watkin

15:00 Tea and Exhibition

15:20 Workshops - five workshops repeated twice, as above

16:20 Fear and avoidant behaviour - what exactly gets avoided?

Steven Vogel

16.50 Questions

17:00 Conclusions, thanks and closing remarks