



Annual Symposium
24th & 25th April 2010
“Pain in the Neck”

Saturday 24th April

- 09.00** Registration
- 09.15** Introduction and Welcome. - Roderic MacDonald
- 09.20** *“What can we do? - a review.”* - Jens Foell
- 09.55** *“What is the place for Injections?”* - John Tanner
- 10.30** Practical workshops I : *Exercise; Re-education; Manipulation.*
- 11.15** Coffee
- 11.35** Fundamentals : Research
- “Disruption of structure”* - Mike Adams
- “Disturbance of Function”* - Trish Dolan
- 13.00** Lunch
- 14.00** *“Minefields & Pitfalls in Practice”* - Harvey Markovitch.
- 14.40** Annual General Meeting of BIMM
- Workshop for Non Members
- 15.40** Tea
- 16.00** Workshops II
- 17.15** Close
- 19.30** Symposium Dinner

Mecure Bristol Holland House Hotel & Spa
Redcliffe Hill BS1 6SQ Bristol

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Sunday 25th April

Workshop :

*Current practice of Caudal Epidural Injection;
the BIMM way.*

Led by Dr. John Tanner

- 08.50** Registration
- 09.00** Evidence base for ESI - selection of patients
- 09.30** Complications and safety issues
- 10.00** Pharmacology of local anaesthetics, steroids and excipients used.
- 10.30** Coffee
- 11.00** Practical workshop (identification of hiatus, injection technique, use of models, video etc)
- 12.00** Accuracy and reliability issues of the caudal approach
- 12.15** Discussion re Clinical Governance issues and RCA guidelines
- 13.00** Lunch and Goodbyes

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