



Booking Form

Date: 4th – 6th February 2012
Venues: Western Eye Hospital & LCOM, Boston Place, London.

MODULE 7 – PAIN MANAGEMENT AND COGNITIVE BEHAVIOURAL THERAPY

This module is designed to deepen students' understanding of the processes by which patients slide into chronicity and disability. Students will learn practical skills in interviewing and initiating change. This will include basic CBT and other ingredients of the pain management approach, namely graded exposure, pacing, coping strategies, and problem solving. The armamentarium of the Pain Clinic approach will be explored and explained, ranging from pharmacotherapy to invasive techniques. Particular attention will be paid to the use of acupuncture, intramuscular stimulation and TENS. Further time will be allocated for case history presentations and discussion of problem patients.

Places can be booked by completing and returning the form below, with payment to: BIMM, PO Box 1116, Bushey, WD23 9BY

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BOOKING FORM

Please complete and return to: BIMM PO Box 1116, Bushey WD23 9BY

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