



## **BIMM MODULAR COURSE**

### **Module 6 – Learning Objectives**

#### **Sports & Exercise Medicine. The Lower Limb**

1. Develop an understanding of the relevance of sports medicine and basic exercise physiology to the management of patients with musculoskeletal disorders.
2. To be familiar with the principles of rehabilitation and the special needs and issues affecting the athlete.
3. To be able to examine, make a differential diagnosis and carry out effective management for hip and groin region, knee, ankle and foot.
4. To be able to use imaging investigation such as ultrasound, radiography, CT and MRI appropriately in the management of conditions affecting these regions.
5. To recognise the importance of lower limb and foot mechanics in the causation and management of musculoskeletal conditions both in the sporting and general population.
6. To know the indications and evidence base for efficacy of, surgery for the hip, knee ankle and foot, and be familiar with common complications arising there from.
7. To be able to present and critically discuss case histories from recent clinical experience.