

**Module 6**  
**Sports Medicine the Lower Limb**  
**27th - 29th June 2007**

**Tuesday 23rd September**

**Day 1**

- 0900 - 0915 Introduction      Martyn Speight
- 0915 - 0945 Functional Anatomy of Knee      Martyn Speight
- 0945 - 1015 Examination of the Knee      MS
- 1015 -1100 Coffee
- 1115 - 1145    Managing the Acute Knee      MS
- 1145 - 1230    Managing the Chronic Knee      MS
- 1230 - 1300 Discussion
- 1300 - 1400 Lunch
- 1400 -1500    Functional Anatomy of Foot and Ankle      Andy Horwood
- 1500 - 1600 Biomechanics and Gait Analysis      AH
- 1600 - 1615 Tea
- 1615 - 1700    Clinical Assessment Foot and Ankle - Practical      AH

**Day 2**

**Wednesday 24th September**

- 0830 - 0915 Prosthetics and the Paralympian      Dr Kate Sansam
- 0915 - 1000 Functional Anatomy of Hip and Groin
- 1000 - 1030 Examination of Hip and Groin
- 1030 - 1045 Coffee
- 1045 - 1115 Differential Diagnoses of Hip and Groin Pain
- 1115 - 1200 Hip and Groin Surgery
- 1200 - 1230 Practical and Discussion      SB
- 1230 - 1345 Lunch
- 1345 - 1415 Tendonopathy - An Overview      Phil Ackerman
- 1415 -1500    Practical Guidelines for the Management of Tendonopathy      PA
- 1500 -1515 Tea
- 1515 - 1615 Imaging of the Lower Limb      Phil O'Connor

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1615 - 1700 Case Histories

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**Day 3**

**Thursday 25th September**

0900 - 1000 Exercise - Induced Lower Limb Pain MS

1000 - 1230 Practical - Clinic MS/SB

1230 - 1330 Lunch

1330 - 1415 Case Histories

1415 - 1430 Tea

1430 - 1630 Musculoskeletal Ultrasound Practical Andrew Grainger

1630 - 1700 Discussion

1700 Close

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## Day 2

0830 - 0915	Prosthetics and the Paralympian	Dr Kate Sansam	
0915 - 1000	Functional Anatomy of Hip and Groin		TBA
1000 - 1030	Examination of Hip and Groin		TBA
1030 - 1045	Coffee		
1045 - 1115	Differential Diagnoses of Hip and Groin Pain		TBA
1115 - 1200	Hip and Groin Surgery		TBA
1200 - 1230	Practical and Discussion	SB	
1230 - 1345	Lunch		
1345 - 1415	Tendonopathy - An Overview	Phil Ackerman	
1415 -1500	Practical Guidelines for the Management of Tendonopathy		PA
1500 -1515	Tea		
1515 - 1615	Imaging of the Lower Limb	Phil O'Connor	
1615 - 1700	Case Histories		

### Day 3

0900 - 1000 Exercise - Induced Lower Limb Pain MS

1000 - 1230 Practical - Clinic MS/SB

1230 - 1330 Lunch

1330 - 1415 Case Histories

1415 - 1430 Tea

1430 - 1630 Musculoskeletal Ultrasound Practical Andrew Grainger

1630 - 1700 Discussion

1700 Close