



British Institute of Musculoskeletal Medicine

Annual Symposium

24th & 25th April 2010

“Pain in the Neck”

We all know that a pain in the neck can live up to its name whether you're the sufferer or their clinician. As with many common conditions certainty in diagnosis and management is often elusive.

And yet we all see many of these patients: they are abundant. We have experience of them and often appear competent. We provide advice which may be relevant, treatments that may be more than placebos and re-assurance which is usually justified.

Nevertheless persistent neck pain can have seriously malign effects on patients' options, performance, relationships and emotions. We would all like to be more confident in what we say and do for them and this meeting is designed to help in that.

Research, both basic and clinical, must be the foundation on which we attempt to erect workable hypotheses. Technical expertise is essential where interventions are made. We will address these matters didactically and in practical workshops.