

Recommended Reading List for Diploma in Musculoskeletal Medicine

Anatomy

The Physiology of the Joints
I A Kapandji Vols 1,2,and 3

Churchill Livingstone

Clinical Anatomy of the Lumbar Spine and Sacrum
Nik Bogduk

Churchill Livingstone

Clinically Oriented Anatomy
Moore and Dalley

Lippincott – Williams and Wilkins

Anatomy and Human movement 5thed.
N Palastanga, D Field, R Soames.

Butterworth Heineman ISBN 07506881409

Colour atlas and textbook of human anatomy Vol 1: Locomotor system
by Werner Platzer.

A Thieme flexibook ISBN 0 8151 4964 6

Clinical Examination

Orthopaedic Medicine – a practical approach
M Kesson and E Atkins

Buttterworth Heineman

Musculoskeletal Physical Examination
Gerard A Malanga and Scott F Nadler

Mosby Elsevier

Orthopaedic Physical Assessment
David J Magee

Saunders Elsevier

Clinical Examination in Rheumatology
M Doherty J Doherty

Wolfe publications

Physical Examination of Spine and Extremities
S Hoppenfield

Prentice Hall

Clinical Practice in Rheumatology
Michael Doherty and Maurice Barry.

616.7'23 ISBN

Back Pain

The Back Pain Revolution
Gordon Waddell

Churchill Livingstone

The clinical standards advisory group report on back pain 1994

HMSO stationery

General reading and treatment techniques

Cyriax's Illustrated manual of Orthopaedic medicine JH and PH
Cyriax

Butterworth Heineman

Myofascial Pain and dysfunction: the trigger point manual.
Travell and Simons

Williams and Wilkins

Injection techniques in Orthopaedic and Sports medicine Stephanie Saunders and
Dr Stephen Longworth Churchill Livingstone

Communication skills for medicine Lloyd M Bor R 3rd Edition 2009 Churchill
Livingstone ISBN 0702030581

Others

Cognitive therapy: basics and beyond

Guildford press 1995

Understanding Pain
Stephen Linton

Work related upper limb disorders: recognition and management
M Hutson

Butterworth Heineman

Clinical Sports Medicine
P Brukner and K Khan

McGraw Hill ISBN 0074 70651 9

Acupuncture, Trigger Points and Musculoskeletal Pain
Peter Baldry

Elsevier press

How to read a paper
Trisha Greenhalgh

BMJbooks.com

Reference Books

Textbook of Musculoskeletal Medicine
Michael Hutson and Richard Ellis

Oxford University Press ISBN 0 19 263050 4

A system of Orthopaedic Medicine
Ombregt, Bisschop and Ter Veer